

MIT Medical Department
25 Carleton Street Building E23
Department of Obstetrics/Gynecology 617-253-1315
Clinical Laboratory 617-253-4239
Cambridge, MA 02139

28-week Glucose Test Patient Information Sheet

1. It is not necessary to alter your diet in preparation for this test.
2. Please take the 50 gram glucose drink **ONE HOUR** prior to when you expect to have your blood drawn. The glucose drink should be consumed within 5 minutes of being opened and may taste better if it is refrigerated.
3. Please arrive in the laboratory **NO LATER THAN 30 MINUTES AFTER** you take the drink as there may be a wait. Please inform the laboratory staff the exact time when it will be one hour after the glucose drink has been finished. Accuracy in timing is important.
4. The lab hours are Monday thru Friday, 8:30am to 5:30pm. The lab is closed on weekends and holidays.
5. If you are **RH NEGATIVE**, you should schedule your **RHOGAM** injection with the OB/GYN department for **AFTER** your blood draw.