

## Breastfeeding

Book Title	Author	Copyright Date
Eat Well, Lose Weight While Brest Feeding (2 copies)	Eileen Behan, RD	2007
Nursing Mother's Companion, The (2 Copies)	Kathleen Huggins, RN, MS	2005
Nursing Mother's Guide to Weaning, The	Kathleen Huggins, RN, MS	2007
Nursing Mother, Working Mother (2 Copies)	Gayle Pryor	2007
So that's what they're for! (2 copies)	Janet Tamaro	1998
Womanly Art of Breastfeeding, The	La Leche League International	2004
Video's	Author	Copyright
Nature's Way Guide to Breastfeeding (DVD) (2 copies)	Perlinah Productions	2004
Real Deal on Breastfeeding, The (DVD) (2 copies)	Playgroup Productions	2004

## Childbirth

Book Title	Author	Copyright Date
After the Baby's Birth	Robin Lim	2001
Birth Partners, The	Penny Simkin, P.T.	2001
Easing Labor Pain	Adrienne Lieberman	1992
Easy Labor	William Camann, MD	2006
Hypnobirthing - The Mongan Method (2 copies)	Marie Mongan, M.Ed., M.Hy.	2005
Our Baby-The First Year	Dagmar Von Cramm	1997
Postpartum Survival Guide	Ann Dunnewold, PhD	1995
Pregnancy and Childbirth and the Newborn	Penny Simkin, P.T.	2001
VBAC Companion, The	Diana Korte	1997
Video's/DVD's	Author	Copyright
Childbirth From the Inside Out Parts 1 & 2		1998
Having Your Baby (DVD) (2 copies)		2004
Pregnancy Workout (DVD)	Kathy Smith	

## Eating Disorders

Book Title	Author	Copyright Date
Anatomy of a Food Addiction	Anne Katherine, M.A.	1996
Appetites	Caroline Knapp	2003
Appetites	Geneen Roth	1997
Beginner's Guide to Eating Disorders Recovery, The	Nancy Kolodny, M.A., MSW, LCSW	2004
Binge No More	Joyce Nash, Ph.D.	1999
Breaking Free from Emotional Eating	Geneen Roth	1984

Breaking Out of Food Jail	Jean Antonello	1996
Body Betrayed, The	Kathryn J. Zerbe, MD	1995
Body Outlaws	Ophira Edut	2003
Body Wars	Margo Maine, PhD	2000
Daily Affirmations for Compulsive Eaters	Susan Ward	1990
Dying To Be Thin (2 copies)	Ira M. Sacker, MD	1987
Eating Mindfully	Susan Albers, Psy.D.	2003
Eating in the Light of the Moon	Anita Johnston, PhD	1996
Feeding the Hungry Heart (2 copies)	Geneen Roth	2002
French Toast for Breakfast	Mary Anne Cohen	1995
Full Lives	Lindsey Hall	1995
Helping Athletes with Eating Disorders	Ron Thompson	1993
How Much Does Your Soul Weigh?	Dorrie McCubbrey, Ph.D.	2002
I'm Not the New Me	Wendy McClure	2005
Life Without Ed	Jenni Schaefer	2004
Overcoming Binge Eating (2 copies)	Christopher Fairburn, MD	1995
Overcoming Overeating	Jane Hirschmann	1988
Perfect Girls, Starving Daughters	Courtney E. Martin	2007
Runaway Eating	Cynthia Bulik, Ph.D.	2005
Rules of "Normal" Eating	Karen Koenig, M.Ed.	2005
Sensing the Self	Sheila Reindl	2002
Transforming Body Image	Marcia Hutchinsons, MD	1985
Weight Wisdom	Kathleen Burns Kingsbury	2003
When Food is Love	Geneen Roth	1991
When Women Stop Hating Their Bodies	Jane Hirschmann	1995
Why Weight? A Guide to Ending Compulsive Eating	Geneen Roth	1989

## Fitness

Book Title	Author	Copyright Date
Athletic Women's Survival Guide	Carol Otis, MD	2000
Back Sense	Ronald Siegel, Psy.D.	2001
Complete Tai Chi	Alfred Huang	1997
Core Program, The	Peggy Brill, P.T.	2001
Fit Over 40	James Rippe, M.D.	1996
Fitness Walking	Therese Iknoian	1995
Head, Neck and Shoulders Massage	Eilean Bentley	2000
Make the Connection	Bob Greene	1996

Massage for Beginners	Marilyn Aslani	1992
Pedometer Walking	Mark Fenton	2006
Perfectly Fit	Selene Yeager	2001
Pilates Powerhouse, The	Mari Winsor	1999
Pretend Your Nose is a Crayon	Carol Greenberg	1991
Pumped	Cynthia Kuhn, PhD	2000
Relief is in the Stretch	Loren Fishman, MD	2005
Spirited Walker, The	Carolyn Scott Kortge	1998
Strength Training for Strong Bones (2 copies)	Joan Bassey, PhD	2001
Strength Training Past 50	Wayne Westcott	1998
Stretch & Strengthen	Judy Alter	1986
Strong Women and Men Beat Arthritis	Miriam Nelson, PhD	2002
Tai Chi Chuan 24 & 48 Postures with Martial Arts Applications	Master Liang, Shou-Yu & Wu	1996
30 Essential Yoga Poses	Judith Lasater, Ph.D., P.T.	2003
30 Minute Fitness Solution, The (2 copies)	JoAnn Manson, MD	2001
Tri-athletes Guide to Run Training	Ken Mierke	2005
Ultimate Fit or Fat, The	Covert Bailey	1999
Weight Training Workouts that Work	James Orvis	2004
Woman's Book of Yoga and Health, The	Linda Sparrowe	2002
Yoga for Depression	Amy Weintraub	2004
Yoga from the Inside Out	Christina Sell	2003
<b>Video's/DVD's</b>	<b>Author</b>	<b>Copyright</b>
Age 50 Plus Exercise (VHS)	National Institute of Aging	N/A
AM-PM Yoga	Ravi Singh & Ana Brett	2005
A.M. & P.M. Yoga Conditioning for Weight Loss (DVD)	Gaiam	N/A
Everybody Steps	Gin Miller	2004
Functionally Fit Peak Fat Burning (DVD)	Kathy Smith	2002
Get Ripped	Jari Love	2005
Get Ripped to the Core	Jari Love	2006
Kickboxing Workout (DVD)	Kathy Smith	1999
Kundalini Yoga	Ravi Singh	2007
Leslie Sansone's Power Walking System (DVD)	Leslie Sansone	2000
Pilates Beginning Mat Workout (DVD)	Gaiam	N/A
Power Walking System (DVD)	Leslie Sansone	2000
Power Yoga (DVD)	Bryan Krest	1995
Safe & Strong (DVD)	Cindy Kozacek	2005
Say Goodbye to Back Pain (DVD)		2005
Shaping Up With Weights for Dummies (DVD)	Tracy York	2004

Slim & Lean	Jari Love	2006
Stress Relief Yoga (DVD)	Gaiam	N/A
Super Slim Down Circuit (DVD)	Kathy Smith	2006
Tai Chi Fundamentals (DVD) (2 copies)	Boston Kung Fu Tai Chi Institute	2004
Tai Chi In A Chair (DVD)		2000
Taijiquan, Classical Yang Style (DVD)	Dr. Yang, Jwing-Ming	2003
Timesaver Cardio Fat Burner (DVD)	Kathy Smith	2006
Timesaver Lift Weights to Lose Weight (DVD)	Kathy Smith	2003
Walk Away the Pounds 3 Miles (DVD)	Leslie Sansone	2002
Walk the Walk 2 Complete Workouts 1 & 2 Miles (DVD)	Leslie Sansone	2003
Weight Loss Walk 4 miles (DVD)	Leslie Sansone	2002
Winsor Pilates Basic 3 (DVD)	Mari Winsor	
Winsor Pilates Power Sculpting (DVD)	Mari Winsor	2003
Yoga for Inflexible People (DVD)	Body Wisdom Media	2002
Yoga for Stress (DVD)	Baxter Bell, MD	2006
Yoga in the Garden of Serenity (DVD)	Kathleen Andersin	2001
Yoga Just My Size (DVD)	Megan Garcia	2004
Yoga Mind & Body	Ali MacGraw	2003
Yoga Zone – Flexibility and Stress Release (DVD)	N/A	2002
Yoga Zone - Power Yoga (DVD)	N/A	
Yogilates Level 1 (DVD)	Jonathan Urla	2002
Yogilates Level 2 (DVD)	Jonathan Urla	2002

## LBGT

Book Title	Author	Copyright Date
Beyond Straight or Gay	Jan Clausen	1997
Bisexuality	Beth Firestein	1996
Complete Guide to Gay Men’s Sexual, Physical, & Emotional Well-Being	Daniel Wolf	2000
Free Your Mind	Ellen Bass	1996
In’s and Out’s of Gay Sex, The	Stephen Goldstone, MD	1999
Lesbian Healthbook, The	Jocelyn White, MD	1997
Lesbian Polyamory Reader, The	Marcia Munson	1999
Lesbian Sex Book, The	Wendy Caster	2003
Love in the Time of HIV: The Gay Man’s Guide to Sex, Dating and Relationships	Michael Mancilla	
On Our Backs Guide to Lesbian Sex	Diana Cage	2004

Transgender Warriors	Julie Feinberg	1996
Ultimate Guide to Anal Sex for Men, The	Bill Brent	2002

## Men's Health

Book Title	Author	Copyright Date
Adonis Complex, The	Harrison Pope Jr., M.D.	2000
Harvard Medical School Guide to Men's Health, The	Harvey B. Simon, MD	2002
Macho Paradox, The (2 copies)	Jackson Katz	2006
Making Weight	Arnold Andersen, M.D.	2000
Prostate Health Program, The	Daniel Nixon, M.D.	2004
Victim's No Longer	Mike Lew	2004

## Mind and Body

Book Title	Author	Copyright Date
Against Depression	Peter Kramer	2005
Ageless Body, Timeless Mind	Deepak Chopra, M.D.	1993
Attention Deficit Disorder In Adults	Lynn Weiss, MD	2005
Behind the 8-Ball: A Recovery Guide for Families of Gamblers	Linda Berman, MSW	1998
Beyond Prozac	Michael J. Norden, MD	1995
Beyond the Relaxation Response (2 copies)	Herbert Benson, M.D.	1984
Calming Your Anxious Mind (3 copies)	Jeffrey Brantley	2003
Chemistry of Joy, The	Henry Emmons, M.D.	2006
Cray Busy	Edward Hallowell, MD	2006
Daily Relaxer, The	Matthew McKay, PhD	1997
Delivered from Distraction	Edward Hallowell, MD	2005
Divided Mind, The	John Sarno, MD	2007
Don't Leave it to Chance: A Guide for Families of Problem Gamblers	Edward Federman, PhD	2000
Double Vision	Alexandra Dundas Todd	1994
Driven to Distraction	Edward Hallowell, MD	1995
8 Weeks to Optimum Health	Andrew Weil, M.D.	1997
Encounters with Qi	David Eisenberg, M.D.	1995
End of Stress As We Know It, The	Bruce McEwen	2002
Faith	Sharon Salzberg	2002
Feeling Good (2 copies)	David Burns, MD	1980
Feeling Good Handbook	David Burns, MD	1999
Full Catastrophe Living	Jon Kabat-Zinn, PhD	1990

Grief Recovery Handbook, The	John James	1998
Happier	Tal Ben-Shahar	2007
Healing Essence	Mitchell Gaynor, M.D.	1999
Healing Mind, Healthy Woman	Alice Domar, Ph.D.	1996
Healing Relaxation	Edie Irwin	1999
Helping Your Depressed Teenager	Gerald Oster, PhD	1995
How Good Do We Have to Be?	Harold Kushner	1996
I Don't Want to Talk About It	Terrence Real	1999
Joy in the Workplace	Chris Alexander	2003
Listening to Prozac	Peter D. Kramer	1993
Living With Anxiety	Bob Montgomery, PhD	1992
Living With Loss, Healing With Hope	Rabbi Earle A. Grollman	2000
Losing a Parent	Fiona Marshall	2000
Lovingkindness	Sharon Salzberg	1995
Lunchtime Enlightenment	Pragito Dove	2001
Making Miracles Happen	Gregory White Smith	1998
Meditation for Beginners	Jack Kornfield	2004
Mindbody Prescription, The	John Sarno, M.D.	1998
Mindful Brain, The	Daniel Siegel	2007
Mindful Recovery	Thomas Bein, Ph.D.	2002
Minding the Body, Mending the Mind	Joan Borysenko, PhD	2007
Molecules of Emotion	Candace Pert, Ph.D.	1997
Open Heart, The	Lester Sauvage, M.D.	1998
Overcoming Depression	Demitri Papolos, MD	1992
Prepare for Surgery, Heal Faster	Peggy Huddleston	1996
Promise of Sleep, The	William Dement, M.D.	1999
Power Sleep (2 copies)	James Maas, M.D.	1998
Radical Acceptance	Tara Brach, PhD	2003
Rebuilding Self-Worth in Recovery	Cecil C.	1992
Relaxation Response, The	Herbert Benson, M.D.	2000
Relaxation and Stress Reduction Workbook	Martha Davis, PhD	2000
Reviving Ophelia	Mary Pipher, PhD	1994
Running on Ritalin	Lawrence Diller, MD	1998
Seeking the Heart of Wisdom	Joseph Goldstein	1987
Slowing Down to the Speed of Life	Richard Carlson	1997
Speaking of Sadness	David A. Karp	1996
Spontaneous Healing	Andrew Weil, M.D.	1995
Stress: 63 Way to Relieve the Tension and Stay Healthy	Charles Inlander	1996

Take Time for Your Life	Cheryl Richardson	1999
Taking Charge of ADHD	Russell Barkley, PhD	2000
This Must Be Hell	Hale Humphrey, PhD	2001
Timeless Healing	Herbert Benson, M.D.	1996
Train Your Mind Change Your Brain	Sharon Begley	2007
12 Simple Secrets of Happiness at Work	Glenn Van Ekeren	2001
20 Minute Retreats	Rachel Harris, PhD	2000
Undoing Depression	Richard O'Connor, PhD	1997
When Bad Things Happen to Good People	Harold Kushner	1981
When Someone Dies	Sharon Greenlee	1995
When Someone You Love Has Mental Illness	Rebecca Woolis, M.F.C.C.	2003
Wherever You Go There You Are	Jon Kabat-Zinn	1994
Who Needs God?	Harold Kushner	1989
Why Zebras Have Ulcers	Robert Sapolsky	2004
Winter Blues	Norman Rosenthal, MD	1998
Worry	Edward Hallowell, MD	1997
Yoga Nidra	Richard Miller, Ph.D.	2005
You Mean I Don't Have to Feel This Way	Harrison Pope, MD	1993
Zen of Listening, The	Rebecca Shafir, M.A. CCC	2006
<b>Videos/Cassettes/CD's</b>	<b>Author</b>	<b>Copyright</b>
Breathe to Beat the Blues	Amy Weintraub	2005
Guided Relaxation for Sleep (DVD)		
Healing - Anugama		2000
Meditation for Optimum Health	Andrew Weil, MD & Jon Kabat-Zinn, PhD	
Meditations: Native American Flute		
Relaxing Celtic		
Shamanic Dream - Anugama		2000
Yoga Sleep Ritual		

## Nutrition

<b>Book Title</b>	<b>Author</b>	<b>Copyright Date</b>
Cooking with Joy	Joy Bauer, M.S., R.D.	2004
Diabetes Meal Planning Made Easy	Hope Warshaw, MMSc, RD, CDE	1996
Eat, Drink, and Be Healthy	Walter Willett, M.D.	2001
Eat, Drink, & Weigh Less (2 copies)	Walter Willett, M.D. & Mollie Katzen	2006
Eating Well for Optimum Health	Andrew Weil, MD	2000
Eating Well on Campus (2 copies)	Ann Selkowitz Litt, MS, RD, LD	2000

Get with the Program	Bob Greene	2002
Good Carbs, Bad Carbs	Johanna Burani, MS, RD, CDE	2002
Guide to Healthy Restaurant Eating for Diabetics	ADA	2005
Health College Cookbook, The (2 copies)	Alexandra Nimetz	1999
Healthy Heart: The Healing Cookbook	Health Magazine	2000
Month of Meals: A Menu Planner for Diabetics	ADA	1989
Month of Meals: All American Fare for Diabetics	ADA	2002
Month of Meals: Meals in Minutes for Diabetics	ADA	2002
90/10 Weight Loss Plan, The	Joy Bauer, MS, RD, CDN	2001
Obesity Myth, The	Paul Campos	2004
Omega-3 Connection, The	Andrew Stoll, MD	2001
Potatoes Not Prozac (2 copies)	Kathleen DesMaisons, Ph.D.	1998
Power Foods	Liz Applegate, PhD	1994
Quick Vegetarian Pleasures	Jeanne Lemlin	1992
Restaurant Confidential	Michael Jacobson, PhD	2002
Serotonin Power Diet, The	Judith Wurtman, PhD	2006
Slow Down Diet, The	Marc David	2005
Spectrum, The	Dean Ornish, M.D.	2007
Sports Nutrition Guidebook	Nancy Clark, MS, RD	2003
Students Vegetarian Cookbook	Carole Raymond	1997
Sugar Addicts Total Recovery	Kathleen DesMaisons, Ph.D.	2000
Tufts University Guide to Total Nutrition, The	Stanley Gershoff, PhD	1996
Values of Portions Commonly Used	Jean Pennington	2008
Wellness Nutrition Counter, The	Sheldon Margen, MD	1997
What to Eat	Marion Nestle	2006
Your Last Diet	Kathleen DesMaisons, Ph.D.	2001
<b>Video's/DVD's</b>	<b>Author</b>	<b>Copyright</b>
Mindful Eating Mini Trances	Jean Fain	2007
Supersize Me (DVD)	Morgan Spurlock	2004

## Parenting

<b>Book Title</b>	<b>Author</b>	<b>Copyright Date</b>
Ber Guide, The	Bennett Educational Resources, Inc.	2005
Best Little Boy in the World Grows Up, The	Andrew Tobias	1999
Beyond Jennifer & Jason, Madison & Montana	Linda Rosenkrantz	2004
Connected Family, The	Seymour Papert	1996
Crying Baby, Sleepless Nights	Andy Jones	1992

Discipline Book, The	William Sears, MD	1995
Emotional Life of a Toddler, The	Alicia Lieberman, PhD	1995
Everyday Blessings	Myla and Jon Kabat-Zinn	1997
Expectant Father, The	Armin Brott	2001
Games Babies Play	Vicki Lansky	2001
Get Out of My Life, But First Will You Drive Me to the Mall	Anthony Wolf, Ph.D.	1991
Getting to Dry	Max Maizels, MD	1999
Getting Your Child to Sleep...and Back to Sleep	Vicki Lansky	2004
Girlfriend's Guide to Surviving the First Year of Motherhood (2)	Vicki Iovine	1997
Girlfriend's Guide to Toddlers, The (2 copies)	Vicki Iovine	1999
Girls to Women, Women to Girls	Bunny McClure	1998
Happiest Baby on the Block, The	Harvey Karp	2003
Helping Your Child Cope with Separation & Loss	Claudia Jewett Jarratt	1994
How to Get Your Kid to Eat...But Not Too Much	Ellyn Satter	1987
In Praise of Single Parents	Shoshana Alexander	1994
Moral Intelligence of Children, The	Robert Coles	1997
Multiple Blessings	Betty Rothbart, MSW	1994
Nighttime Parenting	William Sears, MD	2001
No-Cry Discipline Solution, The	Elizabeth Pantley	2007
No-Cry Sleep Solution, The	Elizabeth Pantley	2002
No-Cry Sleep Solution for Toddlers & Preschoolers, The	Elizabeth Pantley	2005
No More Sleepless Nights	Peter Hauri, PhD	1996
Optimistic Child, The	Martin Seligman, PhD	1995
Our Babies, Ourselves	Meredith Small	1999
Parenting the Fussy Baby and High Need Child	William Sears, MD	1996
Positive Parenting from A-Z	Karen Renshaw Joslin	1994
Preventing Childhood Eating Problems (2 copies)	Jane Hirshman, CSW	1993
Raising a Daughter	Jeanne Elium	1994
Raising Black Children	James p. Comer, MD	1992
Raising Confident Boys	Elizabeth Hartley-Brewer	2001
Raising Confident Girls	Elizabeth Hartley-Brewer	2000
Raising Teens	A. Rae Simpson, PhD	2001
Sleeping Through the Night	Jodi Mindell, PhD	2005
Smart Love	Martha Heinman Pieper, PhD	1999
Solve Your Child's Sleep Problems (3 copies)	Richard Ferber, MD	2006
Supernanny	Jo Frost	2005
The New Father: A Dad's Guide to the First Year	Armin A. Brott	2004
Touchpoints (2 copies)	T. Berry Brazelton, MD	2006

Transition to Parenthood, The	Jay Belsky, PhD	1994
Trouble-Free Travel with Children	Vicki Lansky	2003
Understanding American Schools	Anne Copeland, PhD	2005
Vaccine Book, The	Robert Sears, MD	2007
What to Expect the First Year	Arlene Eisenberg	2003
What to Expect the Toddler Years (2 copies)	Arlene Eisenberg	1996
When You Worry About the Child You Love	Edward Hallowell, MD	1996
Where Do Babies Come From?	Susan Meredith	1991
Where Did I Come From?	Peter Mayle	1987
Why Is My Baby Crying	Bruce Taubman, MD	2000
Working Mothers Guide to Life, The	Linda Mason	2002
Your Baby & Child	Penelope Leach	1997
<b>DVD's/CD's</b>	<b>Author</b>	<b>Copyright</b>
Baby's 1 <sup>st</sup> Months (DVD) (2 copies)	New Parent Productions	2005

## Pregnancy

<b>Book Title</b>	<b>Author</b>	<b>Copyright Date</b>
Child is Born, A	Lennart Nilsson	2003
Easy Exercises for Pregnancy	Janet Balaskas	1997
Eating for Two	Mary Abbott Hess, R.D., M.S.	1992
Feeling Good	David Burnes, M.D.	2000
The Girlfriend's Guide to Pregnancy (2 Copies)	Vicki Iovine	2007
Having Twins	Elizabeth Noble	2003
Losing Weight After Pregnancy	Elizabeth Bing	1994
Managing Morning Sickness	Miriam Erick, M.S., R.D.	2004
Morning Sickness Companion, The (3 copies)	Elit Kaledin	2003
New Wellness Pregnancy Book, The	Samuels & Samuels	1996
No More Morning Sickness	Miriam Erick, RD, MS	1993
Our Baby The First Year	Dagmar Von Cramm	1997
Pickles & Ice Cream A Father's Guide to Pregnancy	Craig Bissinger, M.D.	2004
Pregnancy Cookbook	Hope Ricciotti, MD	1996
Surviving Pregnancy Loss	Rochelle Friedman, MD	1996
Thirteen Months of Pregnancy, The	Bill M. Atalla	1992
Welcoming Your Second Baby	Vicki Lansky	2005
We're Pregnant!	Cindy Kappler	1999
What to Expect When Your Expecting (2 copies)	Heidi Murkoff	2008
Your Pregnancy Month by Month	Clark Gillespie, M.D.	1998

Your Pregnancy Week by Week	Clark Gillespie, M.D.	2007
DVD/Video	Author	Copyright
Fit & Firm Pregnancy	Denise Austin	
Pregnancy Second Trimester (Vol. 2)	HUMANCARE, Inc.	1994
Pregnancy Third Trimester (Vol. 3)	HUMANCARE, Inc.	1994
Pregnancy Workout with Kathy Smith (DVD)	Kathy Smith	1990
Prenatal Yoga (DVD)	Gaiam	N/A
Yoga for Your Pregnancy	Gaiam	2004

## Relationships & Dating

Book Title	Author	Copyright Date
Coping with Difficult People	Robert M. Bramson, PhD	1981
Dance of Intimacy, The	Harriet Lerner, Ph.D.	1990
Friendship Crisis, The	Marla Paul	2004
How to Date	Diane Mapes	2006
If the Buddah Dated	Charlotte Kasl, Ph.D.	1999
I'm Not Mad, I Just Hate You!	Roni Cohen Sandler, PhD	2000
Intimacy Factor, The	Pia Mellody	2004
Long-Lasting Relationship Guide, The	Caroline Tiger	2005
Loving Someone Gay	Don Clark, PhD	1997
May I Kiss You?	Michael Domitrz	2003
Men Are From Mars and Women Are From Venus	John Gray, PhD	1992
Motherless Daughters	Hope Edelman	1994
Mothers and Daughters Making Peace	Judith Balswick	1993
Redefining Our Relationships	Wendy O'Matik	2003
Relationship Cure	John Gottpnan, Ph.D.	2001
Shy Single, The	Bonnie Jacobson, Ph.D.	2004
Superflirt	Tracey Cox	2003
This Is How Love Works	Steven Carter	2001
We Have to Talk	Samuel Shem, MD	1998
When a Loved One is Ill	Leonard Felder, Ph.D.	1994
When Someone You Know is Hurting	M.Gregory Richards	1994

## Repetitive Strain Injury (RSI)

Book Title	Author	Copyright Date
Dr. Pascarelli's Complete Guide to Repetitive Strain Injury (4 copies)	Emil Pascarelli, MD	2004
It's Not Carpal Tunnel Syndrome! (2 copies)	Suparna Damany, MSPT	2000
Rapid Recovery from Back and Neck Pain (2 copies)	Fred Amir, R.E.H.S.	2002
Repetitive Strain Injury (7 copies)	Emil Pascarelli, MD	1994
Repetitive Strain Injury Recovery Book, The (2 copies)	Deborah Quilter	1998
Repetitive Strain Injury, Rx: Yoga! (DVD)	Gail Dublinsky, M.D.	2005
Video's/DVD's	Author	Copyright
Repetitive Strain Injury DVD (4 copies)	David Diamond, M.D.	

## Sexual Health

Book Title	Author	Copyright Date
Becoming Orgasmic	Julia Heilman, PhD	1988
Bride Wore Black Leather and He Looked Fabulous	Drew Campbell	2000
Changing Bodies, Changing Lives	Ruth Bell	1998
Doctor Am I A Virgin Again?	Robert Hatcher, MD, MPH	1990
Down and Dirty Sex Secrets	Tristan Taormino	2000
Dr. Ruth's Guide to Talking About Herpes	Ruth Westheimer, MD	2004
Ethical Slut, The	Dossie Easton	1997
Fear and Pain, A	Marc Agronin, MD	1997
For Each Other	Lonnie Barbach, PhD	2001
For Women Only	Jennifer Berman, MD	2001
For Yourself	Lonnie Barbach, PhD	2000
Good Vibrations Guide to Sex	Cathy Winks	2002
Great Sex	Michael Castleman	2004
Happy Hook-Up	Alexa Joy Sherman	2004
Hot Guide to Safer Sex	Yvonne Fulbright, M.S.Ed.	2003
Nerve's Guide to Sex Etiquette	Em & Lo	2004
New Male Sexuality, The	Bernie Zilbergeld, PhD	1999
Now That You Know	Betty Fairchild	1998
On the Safe Edge	Trevor Jacques	1993
Orgasms for Two	Betty Dodson, PhD	2002
Outing Yourself	Michelangelo Signorile	1996
Quirkyalone	Sasha Cagen	2004
Screw the Roses, Send Me the Thorns	Philip Miller	1995
Sex Disasters	James Kochalka	2002

Sex for One	Betty Dodson, PhD	1996
Sex On Your Terms	Elizabeth Powell	1996
Sex Toys 101	Rachel Venning	2003
Sexual Awareness	Barry and Emily McCarthy	2002
SM 101	Jay Wiseman	1996
Spectacular Sex	Annie Sprinkle, PhD	2005
Voices of Courage – Inspiration from Survivors of Sexual Assault	Michael Domitrz	2005
Voices of Courage CD	Michael Domitrz	2005
When Two Won't Do (DVD)		2000
Women's Guide to Overcoming Sexual Fear and Pain, A	Aurelie Jones Goodwine, Ed.D.	1997
Your Guys Guide to Gynecology	Bruce Bekkar, MD	2001

### Student Health

Book Title	Author	Copyright Date
Changing Bodies, Changing Lives	Ruth Bell,	1998
College of the Overwhelmed	Richard Kadison, M.D.	2004
College Women's Handbook, The	Rachel Dookin	1995
Essential Guide to Student Life Real College, The	Douglas Stone	2004
Go Ask Alice Book of Answers, The	Columbia University of Health Education	1998
Helping Students Adapt to Graduate School	Committee on College Student Group for Advancement of Psychiatry	2000

### Women's Health

Book Title	Author	Copyright Date
Courage to Heal, The	Ellen Bass	1994
Dr. Nancy Snyderman's Guide to Good Health for Women Over Forty	Nancy Snyderman, MD	1996
Garden of Fertility, The	Katie Singer	2004
Headache Relief for Women	Alan Rapoport, MD	1995
Healing Mind, Healthy Woman	Alice Domar, PhD	1996
Healthy Women, Healthy Lives	Susan Hankinson, RN, ScD	2001
New Our Bodies, Ourselves, The (2 copies)	Boston Women's Health Collective	1998
New Ourselves, Growing Older, The	Paula B. Doress-Worters	1994
Respect	Courtney MacVinta	2005
Sacrificing Ourselves for Love	Jane Wegscheider	1996
Screaming to be Heard	Elizabeth Lee Vliet, MD	1995

Strong Women Eat Well (2 copies)	Miriam E. Nelson, PhD	2001
Strong Women Stay Slim (2 copies)	Miriam E. Nelson, PhD	1999
Strong Women Stay Young (2 copies)	Miriam E. Nelson, PhD	2000
Strong Women, Strong Bones (2 copies)	Miriam E. Nelson, PhD	2000
Strong Women, Strong Hearts	Miriam E. Nelson, PhD	2005
Taking Charge of Your Fertility (2 copies)	Toni Weschler, MPH	2006
V Book, The	Elizabeth Stewart, MD	2002
Wisdom of Menopause, The	Christine Northrup, MD	2006
Women's Bodies, Women's Wisdom	Christine Northrup, MD	2006
Women's Symptoms	Ivan Strausz, M.D.	1996